

UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

January 11, 2023

R. Steve Kinsey Chief Financial Officer Flowers Foods, Inc. 1919 Flowers Circle Thomasville, Georgia 31757

> Re: Flowers Foods, Inc. Form 10-K for the Fiscal Year ended January 1, 2022 Filed February 23, 2022

File No. 001-16247

Dear R. Steve Kinsey:

We have completed our review of your filing. We remind you that the company and its management are responsible for the accuracy and adequacy of their disclosures, notwithstanding any review, comments, action or absence of action by the staff.

Sincerely,

Division of Corporation Finance Office of Energy & Transportation